

ABSTRACT

A step-in binding for receiving a ski boot and preferably for telemark skiing. The binding includes a base constructed and arranged to be secured to the ski and a pair of boot support members pivotally supported from a front side of the base, and disposed laterally on either side of the base. The lateral side members may be tapered inwardly toward the front so as to receive and guide the ski boot as it is to be engaged. The pair of boot support members are biased to a boot receiving position and further having a locked position that is assumed once the boot is received, engages the pair of boot support members, and is cantilevered downwardly into the locked position.